

Myra Nissen, CCH, RSHom (NA)

- Board Certified Homeopath
- Easily accessible and available during call-in hours to answer any questions or concerns
- Custom wellness programs geared to empower women to take control of their bodies, health & well-being



Myra's Story —

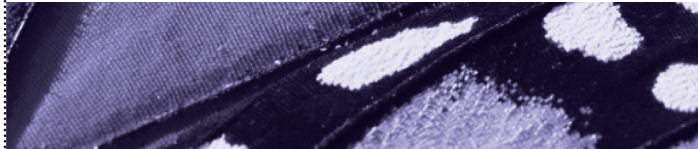
Like most health care practitioners, Myra was drawn to the field because of health problems – in her case, allergies and chronic sinus infections that plagued her from early childhood. Her symptoms were so severe that she was not allowed to go outside and play with the other children during recess. In college, Myra was dependent on several prescription medications and told that she always would be. Myra's dream was to become an archeologist, however she would not be able to work outdoors with her severe condition. In search of alternative forms of medication and healing, Myra came across homeopathy. She was amazed by the results. Within weeks, she ceased to need most of her medication and was on the road to vastly improved health. As a result, Myra was able to achieve her goal and succeeded as an archeologist for over 15 years.

Homeopathy allowed Myra to reclaim her life by fostering a better understanding of her body and providing a healthy, long-term solution. Through homeopathy she hopes to empower women by helping them achieve optimal health in body, mind and spirit.

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Women's Health PROGRAM



North American
NASH
Society of Homeopaths



Feel Better Naturally!

Myra Nissen does not solicit or advertise her services to the general public, but responds to private requests from clients.

Strengthen your own Natural Balance

Homeopathy Stimulates Your Ability to Heal Yourself

The cycle, rhythm and balance of each woman's body is unique to each individual. **No two women are alike.**

Thus no two women experience conditions such as menstruation, menopause and pregnancy, in the same manner. Due to our differences it is perplexing why women are often given standard prescriptions and common remedies for their concerns.

Homeopathy recognizes each woman's body is as individual as their personality. Homeopathy offers solutions that are long-lasting without the use of drugs and without disrupting the delicate balance of the body. By teaching women how to recognize their body's unique needs and cues, homeopathy empowers women to take control of their bodies, health and well-being.

“Homeopathy is wholly capable of satisfying the therapeutic demands of this age better than any other system or school of medicine.” – **Charles Frederick Menninger, MD**

Women's Health P R O G R A M

Some of the most common concerns I address are:

- Insomnia
- Stress
- Thyroid Disorders
- Menopause
- Fertility Issues
- Premenstrual Syndrome (PMS)
- Premenstrual Dysphoric Disorder (PMDD)
- Uterine Fibroids
- Morning Sickness
- Weight Loss
- Dietary Coaching

If you are searching for a natural, holistic solution to these concerns, I can help.



Can Homeopathy Work with my Existing Health Care Practitioner?

Homeopathy does not seek to replace your existing health care practitioner. In fact, healing is more effective when homeopaths work with your health care provider. By partnering together, both parties can better develop a wellness plan that will deliver optimum results. Patients who work with both often experience more energy, stronger immune system functions, a sense of increased well-being and a natural way to decrease reliance on conventional medicines and drugs. We always recommend that a client see their doctor for routine checkups or diagnosis.

What can I expect?

Homeopathic visits are very positive experiences. Unlike normal doctor visits, a homeopathic session takes place in a comfortable one-to-one office setting. We discuss your current life circumstances and overall morale, as well as your medical concerns. The initial meeting is the lengthiest as we better become acquainted.

Many conditions are highly personal and we address every individual and symptom on a personal level. Often times, women are embarrassed with their condition or frustrated with standard treatments. As women, we easily relate. We seek to create a comfortable atmosphere where women feel at ease discussing their concerns. All information shared is confidential and each client is treated as an individual, not an ailment.